



## PITHIA TERMAL SPA

A privileged experience with natural thermal water at 46°C

Everything is comfortable, peaceful and tranquil here.

Every moment you experience is a part and incidence of a happy life.

Health is an attainable treasure; beauty is a natural consequence...

	Weekdays	Weekends
Daily Entrance Adults	1.250 TL	1.500 TL
Daily Entrance 3-12 ages	600 TL	900 TL

\*\*\*Aged 3 and over guests are welcomed to use our SPA

### FACILITY AREAS

#### 1. SILENT THERMAL AREA

- Thermal Pool
- Jacuzzi
- Shock Shower
- Adventure Shower
- Snow Fountain
- Rest Area

\*\*\*Aged 16 and over guests are welcomed to use our silent thermal area

#### 2. THERMAL AREA

- Thermal Pool
- Jacuzzi
- Turkish Bath
- Sauna
- Steam Bath
- Shock Shower
- Adventure Shower
- Snow Fountain

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#### 3. FITNESS CENTER

### TURKISH BATH CARES

CARE	DURATION	PRICE
Body Scrub	20 minutes	1.200 TL
Foam Massage	20 minutes	1.200 TL
Sultan Care (15 min. body scrub + 15 min. foam massage)	30 minutes	1.800 TL



## MASSAGES

### 1. CLASSICAL MASSAGES

MASSAGE	DURATION	PRICE
<b>Swedish Massage</b> Accelerates blood circulation, energizes cells and tissues. By relieving the muscles, helps treatment of aching areas.	50 minutes	2.000 TL
<b>Medical Massage</b> It is an effective massage for chronic pain, injuries, muscle and soft tissue diseases.	50 minutes	2.300 TL
<b>Sport Massage</b> Energizes the muscles before sport events, relieves and refreshes the muscles afterwards.	50 minutes	2.300 TL
<b>Lymph Drainage Massage</b> Supports immune system by helping the edema and toxins in the body to be expelled.	50 minutes	2.300 TL
<b>Anti-Cellulite Massage</b> Enables excretion of oil deposition under the skin and tightens the muscles.	50 minutes	2.300 TL
<b>Deep Tissue Massage</b> Relieves the chronic pains in the body which are caused by irregular and unbalanced distribution.	50 minutes	2.500 TL
<b>Technique and Science Massage</b> It helps reduce chronic fatigue due to occupational stress and eliminates muscle spasm, muscle weakness and imbalance due to postural disorders.	50 minutes	2.500 TL

### 2. FAR EAST MASSAGES

MASSAGE	DURATION	PRICE
<b>Bali Massage</b> Applies pressure on the energy points of your body with soft strokes and necessary stretches. The therapy reaches beyond the surface muscles and to the deeper tissues.	50 minutes	2.500 TL
<b>Lomi Lomi Nui</b> Therapists use long and continuous movements with arms and elbows. This technique is applied with warm massage oil.	50 minutes	2.500 TL
<b>Shiatsu</b> Technique specifically focuses on parts and points of the body by using deep tissue pressure with fingers aimed at treatment.	50 minutes	2.500 TL
<b>Deep Asia Massage</b> Therapists use their arms to apply deep tissue pressure and create harder strokes.	50 minutes	2.500 TL
<b>Mandra (4 Hands Massage)</b> 2 therapists work rhythmically and apply a ritual of Bali, Lomi Lomi Nui and classic massage techniques.	50 minutes	5.000 TL

### 3. AROMATHERAPY MESSAGES

MASSAGE	DURATION	PRICE
<b>Anti-Stress Massage</b> Daisy, vanilla, olive leaf	50 minutes	2.500 TL
<b>Refreshing Massage</b> Orange, lemon, mandarin	50 minutes	2.500 TL
<b>Relaxing Massage</b> Lavender, cypress, jasmine	50 minutes	2.500 TL

### 4. SPECIAL MESSAGES

MASSAGE	DURATION	PRICE
<b>Herbal Pithia Massage</b> Relieves the body by using special techniques with warm massage oil and mixed herbal gloves. It is a herbal therapy which refreshes your skin and ease up your nerves.	50 minutes	3.200 TL
<b>Combined Massage</b> 15 minutes Reflexology massage 60 minutes Lomi Lomi Lui massage	75 minutes	3.600 TL
<b>Volcanic Stone Massage</b> Intense massage is applied by using hot basalt and cold stones to energy sports on the body.	75 minutes	3.600 TL

### 5. AYURVEDA MESSAGES

MASSAGE	DURATION	PRICE
<b>Abhyanga</b> Strengthens the defense mechanism of the body, activates the blood circulation, facilitates the discharge of harmful substances.	50 minutes	3.500 TL
<b>Shirodhara</b> It is a special treatment for insomnia and headaches by massaging the shoulders, arms, neck, hair bottoms, face and ears.	50 minutes	3.500 TL
<b>Shiroabhyanga</b> This special application that relaxes your brain and spirit and freshens you up, relieves your nerve system, accelerates your senses, cleans and activates your energy canals.	75 minutes	4.200 TL

### 6. LOCAL MESSAGES

MASSAGE	DURATION	PRICE
<b>Reflexology Massage</b> Frees the energy blocked in the body by applying special techniques to feet and provides balance.	30 minutes	1.800 TL
<b>Face and Low-Neck Massage</b> It is a care applied by means of touches that tighten and freshen the face and low-neck areas.	30 minutes	1.800 TL
<b>Neck and Back Massage</b> The therapy is aimed at only head, neck, shoulders and back part of the body. It is effective to eliminate headaches, insomnia, tightness, neck and back pains and stiffness	30 minutes	1.800 TL
<b>Geothermal Volcanic Clay Mask Massage</b> Clay mask with complementary massage	30 minutes	1.800 TL



## BODY CARES

CARE	DURATION	PRICE
<b>Thermal Seaweed Care</b> Sea salt peeling, seaweed mask, complementary massage	50 minutes	2.300 TL
<b>Green Tea Ritual</b> Green tea peeling, green tea mask, green tea oil massage, lotion	50 minutes	2.300 TL
<b>Coffee Ritual</b> Coffee peeling, coffee mask, complementary massage applied with aromatic oils.	50 minutes	2.300 TL
<b>Chocolate Ritual</b> Chocolate peeling, chocolate mask, oriental spice oil massage	50 minutes	2.300 TL
<b>Exotic Papaya</b> Papaya peeling, papaya mask, papaya oil massage	50 minutes	2.300 TL
<b>Ottoman Ritual</b> Body Scrub, body mask choice and complementary massage with aromatic oils.	50 minutes	2.300 TL
<b>Jasmine Dream</b> Jasmine peeling, jasmine mask, jasmine oil massage	50 minutes	2.300 TL

## PARAFFIN CARES

CARE	DURATION	PRICE
Hand Care	30 minutes	1.400 TL
Foot Care	30 minutes	1.500 TL
Hand-Foot Care	30 minutes	1.800 TL

## PITHIA TERMAL SPA GUIDELINE

- Pithia Thermal Spa operation hours are: **07:30am-10:30pm**.
- Massage and Body Care treatments are: **07:30am-09:30pm**.
- It is obligatory to wear swimsuits in Pithia Thermal Spa general usage areas.
  - We kindly request you to have a shower before usage of pools.
  - Please keep your cell phones in the lockers at the dressing rooms.
- You can provide bathrobes, towels and slippers from the Spa area and lockers at the dressing rooms.
- You can leave your valuables in the lockers at the dressing rooms or safes at the hotel reception
  - Please inform reception about your health issues.
  - Please note that, our hotel is not responsible about your health issues.
    - The responsibility of your children belongs to you.
- Aged 3 and over guests for Thermal Area; 16 and over guests are welcome to use Silent Thermal Area.

### MASSAGE & BODY CARE RESERVATION

- It is obligatory to wear disposable briefs during the massage and body care, which are provided by us.
- Due to the high demand for our services, we recommend you to make reservation at least 2 days before.
  - Please arrive at the Spa reception at least 15 minutes before your scheduled therapy.
  - Please note that, if you arrive late for your appointment, your treatment time will be shortened accordingly.
- Being hunger or full could be disturbing during your therapy. We recommend you to eat at least 2 hours before the therapy

### RESERVATION CANCELLATION

- Your Spa time is held exclusively for you and your spa therapist. For this reason, we respectfully ask you to inform our Spa reception 3 hours in advance for all cancellations and reschedules.
- **In any cancellation or reschedules without proper notice, %50 fee of your reserved services will be charged to your room.**

### PITHIA THERMAL SPA

#### Marigold Thermal & Spa Hotel

1. Murat Cad. No:57 16070 Çekirge BURSA

0 224 235 15 33



1. Murat Cd. No 57 16070 Çekirge Bursa Türkiye www.marigold.com.tr  
Tel 444 16 26 Fax 0224 233 33 04



## PITHIA THERMAL SPA PACKAGES

### TURKISH BATH CARE PACKAGES

An epic experience in suits with Turkish Bath and Massage Room, to the ones who is looking for silence, peace and intimacy...

PACKAGE	PACKAGE WITH 6 USE 12 MONTHS	PACKAGE WITH 12 USE 12 MONTHS
<b>Classic Care Ritual</b> Sultan Care- 15 minutes body scrub, 15 minutes foam massage + Spa General Area usage	11.000 TL	18.000 TL
<b>Body Care Ritual</b> 50 minutes Classic Body Care + Spa General Area usage	12.000 TL	23.000 TL
<b>Pithia Care Ritual</b> Pithia Care - 15 minutes body scrub, 50 minutes massage, 15 minutes foam massage - Spa General Area usage	19.000 TL	38.000 TL

- **On the day of the care, use of the spa general area is free of charge.**
- **Once a month, unlimited membership are allowed to bring 1 guest ( this will be deducted from your number of entrances.)**

### MASSAGE PACKAGES

To the ones who want to keep their minds silent and purified from stress and exhaustion...

PACKAGE	DURATION	PACKAGE WITH 10 USE 12 MONTHS	PACKAGE WITH 15 USE 12 MONTHS
<b>Classic Massage Package</b> Swiss Massage	50 minutes	18.000 TL	26.000 TL
<b>Combined Massage Package</b> Sport Massage Medical Massage Relax Massage Lymph Drainage Massage Deep Tissue Massage Bali Massage Lomi Lomi Nui Shiatsu Deep Asia Massage Aromatherapy Massage Anti-cellulite Massage	50 minutes	22.500TL	32.500TL

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## PITHIA THERMAL SPA PACKAGES

### THERMAL SPA USAGE PACKAGE

Not one day, everyday!

Beauty, Health and Healing with 46°C healing thermal

<b>Weekdays (Unlimited Memberships)</b>		<b>Included Weekends (Unlimited Memberships)</b>	
<b>6 months</b>		<b>12 months</b>	
<b>24.000 TL</b>		<b>34.000 TL</b>	
<b>Weekdays</b>	<b>Included Weekends</b>	<b>Weekdays</b>	<b>Included Weekends</b>
<b>10 entrances/ 6 months</b>	<b>10 entrances / 6 months</b>	<b>15 entrances/ 6 months</b>	<b>15 entrances / 6 months</b>
<b>9.000 TL</b>	<b>12.000 TL</b>	<b>11.000 TL</b>	<b>14.000 TL</b>

water is not one day, everyday yours...

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## PITHIA THERMAL SPECIAL FAMILY BATHS

Journey of our thermal waters at 46°C from Uludag to Cekirge as the heart of Bursa for thousands of years, continue to share their treasures by restoring beauty, health and healing

This miraculous natural thermal water with source from Vakıfbahçe has therapeutic and treatment supportive features in rheumatic diseases and calcifications, skin, muscle and skeleton systems, gynecology, respiratory system, stomach diseases, stress and sleeping disorders. ...

We have private pool and resting room in **Pithia Thermal Special Family Baths**.

### 60 MINUTES FAMILY BATH

BATH	DURATION	PRICE
Family Bath usage up to two guests	60 minutes	2.400 TL

- Provides service up to 4 guests.
- For usage of more than 2 guests, +500TL is requested for each guest.
- 4-12 years old child difference is +300 TL.
- 0-4 age is free.

### 90 MINUTES FAMILY BATH (in case of requesting traditional Turkish Bath Cares)

BATH	DURATION	PRICE
Family Bath usage up to two guests	90 minutes	3.000 TL

- Provides service up to 4 guests. **If any bath care is requested, below care charges will be applied.**
- For usage of more than 2 guests, +650 TL is requested for each guest.
- 4-12 years old child difference is +450 TL.
- 0-4 age is free.

### CARE ALTERNATIVES

CARE	DURATION	PRICE
Body Scrub	20 minutes	1.200 TL
Foam Massage	20 minutes	1.200 TL
Sultan Care (15 min. body scrub, 15 min. foam massage)	30 minutes	1.800 TL
Body Care (You can choose any of the desired body care)	50 minutes	2.300 TL



## PITHIA THERMAL BATH WITH BODY CARES

CARE	DURATION	PRICE
<b>Classic Care Ritual 1</b> Special Sultan Care – 20 minutes warm up in a private room + 30 minutes care (15 minutes body scrub, 15 minutes foam massage)	50 minutes	2.400 TL
<b>Classic Care Ritual 2</b> Special Sultan Care – 20 minutes General Spa Area Usage + 30 minutes care (15 minutes body scrub, 15 minutes foam massage)	50 minutes	2.200 TL
<b>Body Care Ritual 1</b> 20 minutes warm up in a private room+ 50 minutes Body Care (Thermal Seaweed Care, Green Tea Ritual, Coffee Ritual, Chocolate Ritual, Exotic Papaya, Ottoman, Jasmine)	50 minutes	3.100 TL
<b>Body Care Ritual 2</b> 20 minutes General Spa Area Usage + 50 minutes Body Care (Thermal Seaweed Care, Green Tea Ritual, Coffee Ritual, Chocolate Ritual, Exotic Papaya, Ottoman, Jasmine)	50 minutes	2.900 TL
<b>Pithia Care Ritual</b> Pithia Care – 20 minutes warm up+ 30 minutes special Turkish bath (body scrub + foam massage), + 50 minutes Classical Swedish Massage	50 minutes	3.700 TL

## PITHIA THERMAL **VIP** BATH WITH BODY CARES

**Pithia Thermal VIP Bath** consists of; Turkish Bath, Jacuzzi, Sauna, Snow Fountain, Couple Massage Beds, and rest area for personal use.

Besides, for the guests who have body cares in **Pithia Thermal VIP Bath**, health tray (seasonal fruits, dries fruits, nuts and fruit juice) is complimentary

PITHIA THERMAL VIP BATH CARE	DURATION	PRICE (2 guests)
<b>VIP Pithia Care Ritual</b> Pithia Care - 30 minutes Turkish Bath Care (body scrub+ foam massage), 50 minutes Classic Swedish Massage	180 minutes	10.000 TL

- Prices are for 2 guests.

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