



PITHIA TERMAL SPA

A privileged experience with natural thermal water at 46°C

Everything is comfortable, peaceful and tranquil here.

Every moment you experience is a part and incidence of a happy life.

Health is an attainable treasure; beauty is a natural consequence...

	Weekdays	Weekends
Daily Entrance Adults	1.600 TL	2.000 TL
Daily Entrance 3-12 ages	800 TL	1.000 TL

***Aged 3 and over guests are welcomed to use our SPA

FACILITY AREAS

1. SILENT THERMAL AREA

- Thermal Pool
- Jacuzzi
- Shock Shower
- Adventure Shower
- Snow Fountain
- Rest Area

***Aged 16 and over guests are welcomed to use our silent thermal area

2. THERMAL AREA

- Thermal Pool
- Jacuzzi
- Turkish Bath
- Sauna
- Steam Bath
- Shock Shower
- Adventure Shower
- Snow Fountain

***Aged 3 and over guests are welcomed to use our thermal area

3. FITNESS CENTER

TURKISH BATH CARES

CARE	DURATION	PRICE
Body Scrub	20 minutes	1.600 TL
Foam Massage	20 minutes	1.600 TL
Sultan Care (15 min. body scrub + 15 min. foam massage)	30 minutes	2.400 TL



MASSAGES

1. CLASSICAL MASSAGES

MASSAGE	DURATION	PRICE
Swedish Massage Accelerates blood circulation, energizes cells and tissues. By relieving the muscles, helps treatment of aching areas.	50 minutes	2.600 TL
Medical Massage It is an effective massage for chronic pain, injuries, muscle and soft tissue diseases.	50 minutes	3.000 TL
Sport Massage Energizes the muscles before sport events, relieves and refreshes the muscles afterwards.	50 minutes	3.000 TL
Lymph Drainage Massage Supports immune system by helping the edema and toxins in the body to be expelled.	50 minutes	3.000 TL
Anti-Cellulite Massage Enables excretion of oil deposition under the skin and tightens the muscles.	50 minutes	3.000 TL
Deep Tissue Massage Relieves the chronic pains in the body which are caused by irregular and unbalanced distribution.	50 minutes	3.250 TL
Technique and Science Massage It helps reduce chronic fatigue due to occupational stress and eliminates muscle spasm, muscle weakness and imbalance due to postural disorders.	50 minutes	3.250 TL

2. FAR EAST MASSAGES

MASSAGE	DURATION	PRICE
Bali Massage Applies pressure on the energy points of your body with soft strokes and necessary stretches. The therapy reaches beyond the surface muscles and to the deeper tissues.	50 minutes	3.250 TL
Lomi Lomi Nui Therapists use long and continuous movements with arms and elbows. This technique is applied with warm massage oil.	50 minutes	3.250 TL
Shiatsu Technique specifically focuses on parts and points of the body by using deep tissue pressure with fingers aimed at treatment.	50 minutes	3.250 TL
Deep Asia Massage Therapists use their arms to apply deep tissue pressure and create harder strokes.	50 minutes	3.250 TL
Mandra (4 Hands Massage) 2 therapists work rhythmically and apply a ritual of Bali, Lomi Lomi Nui and classic massage techniques.	50 minutes	6.500 TL

3. AROMATHERAPY MESSAGES

MASSAGE	DURATION	PRICE
Anti-Stress Massage Daisy, vanilla, olive leaf	50 minutes	3.250 TL
Refreshing Massage Orange, lemon, mandarin	50 minutes	3.250 TL
Relaxing Massage Lavender, cypress, jasmine	50 minutes	3.250 TL

4. SPECIAL MESSAGES

MASSAGE	DURATION	PRICE
Herbal Pithia Massage Relieves the body by using special techniques with warm massage oil and mixed herbal gloves. It is a herbal therapy which refreshes your skin and ease up your nerves.	50 minutes	4.200 TL
Combined Massage 15 minutes Reflexology massage 60 minutes Lomi Lomi Lui massage	75 minutes	4.700 TL
Volcanic Stone Massage Intense massage is applied by using hot basalt and cold stones to energy sports on the body.	75 minutes	4.700 TL

5. AYURVEDA MESSAGES

MASSAGE	DURATION	PRICE
Abhyanga Strengthens the defense mechanism of the body, activates the blood circulation, facilitates the discharge of harmful substances.	50 minutes	4.600 TL
Shirodhara It is a special treatment for insomnia and headaches by massaging the shoulders, arms, neck, hair bottoms, face and ears.	50 minutes	4.600 TL
Shiroabhyanga This special application that relaxes your brain and spirit and freshens you up, relieves your nerve system, accelerates your senses, cleans and activates your energy canals.	75 minutes	5.500 TL

6. LOCAL MESSAGES

MASSAGE	DURATION	PRICE
Reflexology Massage Frees the energy blocked in the body by applying special techniques to feet and provides balance.	30 minutes	2.400 TL
Face and Low-Neck Massage It is a care applied by means of touches that tighten and freshen the face and low-neck areas.	30 minutes	2.400 TL
Neck and Back Massage The therapy is aimed at only head, neck, shoulders and back part of the body. It is effective to eliminate headaches, insomnia, tightness, neck and back pains and stiffness	30 minutes	2.400 TL
Geothermal Volcanic Clay Mask Massage Clay mask with complementary massage	30 minutes	2.400 TL



BODY CARES

CARE	DURATION	PRICE
Thermal Seaweed Care Sea salt peeling, seaweed mask, complementary massage	50 minutes	3.000 TL
Green Tea Ritual Green tea peeling, green tea mask, green tea oil massage, lotion	50 minutes	3.000 TL
Coffee Ritual Coffee peeling, coffee mask, complementary massage applied with aromatic oils.	50 minutes	3.000 TL
Chocolate Ritual Chocolate peeling, chocolate mask, oriental spice oil massage	50 minutes	3.000 TL
Exotic Papaya Papaya peeling, papaya mask, papaya oil massage	50 minutes	3.000 TL
Ottoman Ritual Body Scrub, body mask choice and complementary massage with aromatic oils.	50 minutes	3.000 TL
Jasmine Dream Jasmine peeling, jasmine mask, jasmine oil massage	50 minutes	3.000 TL

PARAFFIN CARES

CARE	DURATION	PRICE
Hand Care	30 minutes	1.800 TL
Foot Care	30 minutes	1.900 TL
Hand-Foot Care	30 minutes	2.400 TL



PITHIA THERMAL SPA PACKAGES

TURKISH BATH CARE PACKAGES

An epic experience in suits with Turkish Bath and Massage Room, to the ones who is looking for silence, peace and intimacy...

PACKAGE	PACKAGE WITH 6 USE 12 MONTHS	PACKAGE WITH 12 USE 12 MONTHS
Classic Care Ritual Sultan Care- 15 minutes body scrub, 15 minutes foam massage + Spa General Area usage	20.000 TL	40.000 TL
Body Care Ritual 50 minutes Classic Body Care + Spa General Area usage	23.000 TL	46.000 TL
Pithia Care Ritual Pithia Care - 15 minutes body scrub, 50 minutes massage, 15 minutes foam massage - Spa General Area usage	33.000 TL	66.000 TL

- On the day of the care, use of the spa general area is free of charge.
- Once a month, unlimited membership are allowed to bring 1 guest (this will be deducted from your number of entrances.)

MASSAGE PACKAGES

To the ones who want to keep their minds silent and purified from stress and exhaustion...

PACKAGE	DURATION	PACKAGE WITH 10 USE 12 MONTHS	PACKAGE WITH 15 USE 12 MONTHS
Classic Massage Package Swiss Massage	50 minutes	37.000 TL	54.000 TL
Combined Massage Package Sport Massage Medical Massage Relax Massage Lymph Drainage Massage Deep Tissue Massage Bali Massage Lomi Lomi Nui Shiatsu Deep Asia Massage Aromatherapy Massage Anti-cellulite Massage	50 minutes	43.000TL	63.000TL

- On the day of the care, use of the spa general area is free of charge.
- Once a month, unlimited membership are allowed to bring 1 guest (this will be deducted from your number of entrances.)



PITHIA THERMAL SPA PACKAGES

THERMAL SPA USAGE PACKAGE

Not one day, everyday!

Beauty, Health and Healing with 46°C healing thermal

Weekdays (Unlimited Memberships)		Included Weekends (Unlimited Memberships)	
6 months		12 months	
31.000 TL		51.000 TL	
Weekdays	Included Weekends	Weekdays	Included Weekends
10 entrances/ 6 months	10 entrances / 6 months	15 entrances/ 6 months	15 entrances / 6 months
14.000 TL	16.000 TL	20.000 TL	23.000 TL

water is not one day, everyday yours...

- Once a month, unlimited membership are allowed to bring 1 guest.

FACILITY AREAS

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3. FITNESS CENTER



PITHIA THERMAL SPECIAL FAMILY BATHS

Journey of our thermal waters at 46°C from Uludag to Cekirge as the heart of Bursa for thousands of years, continue to share their treasures by restoring beauty, health and healing

This miraculous natural thermal water with source from Vakıfbahçe has therapeutic and treatment supportive features in rheumatic diseases and calcifications, skin, muscle and skeleton systems, gynecology, respiratory system, stomach diseases, stress and sleeping disorders. ...

We have private pool and resting room in **Pithia Thermal Special Family Baths**.

60 MINUTES FAMILY BATH

BATH	DURATION	PRICE
Family Bath usage up to two guests	60 minutes	3.000 TL

- Provides service up to 4 guests.
- For usage of more than 2 guests, +600TL is requested for each guest.
- 4-12 years old child difference is +400 TL.
- 0-4 age is free.

90 MINUTES FAMILY BATH (in case of requesting traditional Turkish Bath Cares)

BATH	DURATION	PRICE
Family Bath usage up to two guests	90 minutes	3.500 TL

- Provides service up to 4 guests. **If any bath care is requested, below care charges will be applied.**
- For usage of more than 2 guests, +750 TL is requested for each guest.
- 4-12 years old child difference is +550 TL.
- 0-4 age is free.

CARE ALTERNATIVES

CARE	DURATION	PRICE
Body Scrub	20 minutes	1.600 TL
Foam Massage	20 minutes	1.600 TL
Sultan Care (15 min. body scrub, 15 min. foam massage)	30 minutes	2.400 TL
Body Care (You can choose any of the desired body care)	50 minutes	3.000 TL



PITHIA THERMAL BATH WITH BODY CARES

CARE	DURATION	PRICE
Classic Care Ritual 1 Special Sultan Care – 20 minutes warm up in a private room + 30 minutes care (15 minutes body scrub, 15 minutes foam massage)	50 minutes	3.200 TL
Classic Care Ritual 2 Special Sultan Care – 20 minutes General Spa Area Usage + 30 minutes care (15 minutes body scrub, 15 minutes foam massage)	50 minutes	2.900 TL
Body Care Ritual 1 20 minutes warm up in a private room+ 50 minutes Body Care (Thermal Seaweed Care, Green Tea Ritual, Coffee Ritual, Chocolate Ritual, Exotic Papaya, Ottoman, Jasmine)	50 minutes	4.000 TL
Body Care Ritual 2 20 minutes General Spa Area Usage + 50 minutes Body Care (Thermal Seaweed Care, Green Tea Ritual, Coffee Ritual, Chocolate Ritual, Exotic Papaya, Ottoman, Jasmine)	50 minutes	3.800 TL
Pithia Care Ritual Pithia Care – 20 minutes warm up+ 30 minutes special Turkish bath (body scrub + foam massage), + 50 minutes Classical Swedish Massage	50 minutes	4.800 TL

PITHIA THERMAL **VIP** BATH WITH BODY CARES

Pithia Thermal VIP Bath consists of; Turkish Bath, Jacuzzi, Sauna, Snow Fountain, Couple Massage Beds, and rest area for personal use.

Besides, for the guests who have body cares in **Pithia Thermal VIP Bath**, health tray (seasonal fruits, dries fruits, nuts and fruit juice) is complimentary

PITHIA THERMAL VIP BATH CARE	DURATION	PRICE (2 guests)
VIP Pithia Care Ritual Pithia Care - 30 minutes Turkish Bath Care (body scrub+ foam massage), 50 minutes Classic Swedish Massage	180 minutes	13.000 TL

- Prices are for 2 guests.

PITHIA TERMAL SPA GUIDELINE

- Pithia Thermal Spa operation hours are: **07:00am-10:30pm**.
- Massage and Body Care treatments are: **07:00am-09:30pm**.
- It is obligatory to wear swimsuits in Pithia Thermal Spa general usage areas.
 - We kindly request you to have a shower before usage of pools.
 - Please keep your cell phones in the lockers at the dressing rooms.
- You can leave your valuables in the lockers at the dressing rooms or safes at the hotel reception
 - Please inform reception about your health issues.
 - Please note that, our hotel is not responsible about your health issues.
 - The responsibility of your children belongs to you.
- Aged 3 and over guests for Thermal Area; 16 and over guests are welcome to use Silent Thermal Area.

MESSAGE & BODY CARE RESERVATION

- It is obligatory to wear disposable briefs during the massage and body care, which are provided by us.
- Due to the high demand for our services, we recommend you to make reservation at least 2 days before.
 - Please arrive at the Spa reception at least 15 minutes before your scheduled therapy.
 - Please note that, if you arrive late for your appointment, your treatment time will be shortened accordingly.
- Being hunger or full could be disturbing during your therapy. We recommend you to eat at least 2 hours before the therapy

RESERVATION CANCELLATION

- Your Spa time is held exclusively for you and your spa therapist. For this reason, we respectfully ask you to inform our Spa reception 3 hours in advance for all cancellations and reschedules.
- **In any cancellation or reschedules without proper notice, %50 fee of your reserved services will be charged to your room.**

PITHIA THERMAL SPA

Marigold Thermal & Spa Hotel

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